

Spring Dance Festival 2025

Created 19th October 2024 | Modified 20th October Version 1.1

Date: March 2025 – Date TBC

Venue: Breydon Arena, Mill Road, Bradwell, Great Yarmouth NR31 0AY

EVENT 1 – ROLLER CUP NON-MED SOLO DANCE

Solo Dance: Olympic Foxtrot (4 sequences)

Free Dance: 2m 15 secs +/- 10 secs

RULES USED - PROMOTIONAL WORLD SKATE MINI INTERMEDIATE				
Free Dance 2m 15 secs (+/- 10 secs)	Footwork Sequence	Artistic Footwork Steps	Travelling	Choreo Stop
	Max. Level 1	Max. Level 1	Max. Level 1	Yes

Footwork/Artistic sequences: The different skating elements (four (4) different to be confirmed to achieve level 1) that will be counted towards the level include: Inside Three Turn, Outside Three Turn, Open Mohawk, traveling (one clockwise and one anticlockwise allowed, **only one will be counted toward the level**), body movement (high, medium or low)

EVENT 2 - NON-MED NOVICE SOLO DANCE - *Must not enter Roller Cup/Champs 2025*

Solo Dance: And Foxtrot (2 sequences)

Free Dance: 2m +/- 10 secs

Non-Med Novice Free Dance Rules - 2.00 min (+/- 10 secs)				
These elements are to be skate in order, i.e Element 1, Element 2, Element 3 etc. With transitions. Element 2 must also be skated in order as indicated below.				
Element 1	Element 2	Element 3	Element 4	Element 5
Spread/Ina Bauer	Step Sequence	Choreo stop	Spin	Arabesque Spiral
Any spread, using 8/6/4 wheels	<ol style="list-style-type: none"> 1. BM High 2. Any Change of Edge 3. BM Low 4. Any cross in front 5. BM Middle In this order.	(from standing position)	1 or 2 foot spin on wheels or toes, as many rotations possible <i>A higher mark can be awarded if a one foot spin is performed. If a good standard is shown.</i>	3 arabesques in a S shape across more than $\frac{3}{4}$ of the rink. Each arabesque to be a different position Forwards/backwards, held, creative Inside/Outside edges

Timing Guide (approx.)

Element 1 – 3 to 5 secs

Element 2 – 25 to 30 secs

Element 3 – 15 secs

Element 4 – 3 -5 secs

Element 5 – 8-10 secs per arabesque

SOLO DANCE – Please read event rules below		
3	Newcomer	<p>Solo Dance: Forward Outside Edges with swing on the long side and Forward Outside Edge Arabesque on the short side Tango (100) (Run into Arabesque allowed) (2 sequences)</p> <p>Sequence: Once around the rink, if numbers allow this could be twice around the rink. Sketch attached to end of document</p>
4	Elem to Prelim	<p>Dance 1: Canasta Tango Dance 2: Denver Shuffle</p>
5	Inter-Bronze to Bronze	<p>Dance 1: Siesta Tango Dance 2: 14 Step</p>
6	Inter Silver and over	<p>Dance 1: Cha Cha Patin Dance 2: Easy Paso</p>
7	Adult 21 and over Bronze and under	<p>Dance 1: Skaters March Dance 2: Carlos Tango</p>
8	Adult 21 and over Bronze and over	<p>Dance 1: Werner Tango Dance 2: 14 Step</p>
DUO DANCE		
9	Non-Med	<p>Dance 1: Glide Waltz Dance 2: Skaters March</p>
10	Elem to Prelim	<p>Dance 1: Carlos Tango Dance 2: Swing Foxtrot</p>
11	Inter-Bronze and over	<p>Dance 1: Denver Shuffle Dance 2: Siesta Tango</p>
COUPLES DANCE – 18 and under		
12	Non-Med	<p>Dance 1: Glide Waltz Dance 2: City Blues</p>
13	Bronze and under	<p>Dance 1: Glide Waltz Dance 2: City Blues</p>

EVENT RULES

- 1) Non-Med skaters can enter Events 1, 2 or 3. Skaters cannot pick separate Events, i.e. Dance Event 1 and Sequence Event 3.
- 2) Skaters will **not be** allowed to change to Roller Cup Events 2-7.
- 3) Events 1, 2 and 3 will be split by age.
- 4) Events 4 to 8 will be split by standard/age where applicable.
- 5) All Festival events will be judged under the white system. Event 1 Roller cup will be judged by Roll Art Lite.
- 6) In solo dance events Ladies Solo Dance steps will be skated only.
- 7) Event 1 - half sequence dances 4 (four) sequences will be skated.
- 8) Event 1 - Element sheets and music submissions will be requested. Only official World Skate PDF documents will be accepted for Free Dance element sheets. Handwritten documents or photos/scans will not be accepted.
- 9) Event 1 - The top 3 of the combined (dance and free dance) result at Springs and at Winters will obtain a final position at the Roller Cup Finals at the end of the year. If this is the same skaters, we will make up the final 6 from the next highest total scores.
- 10) In the event of a draw, the free dance/sequence will be placed higher in the combined result.
- 11) Elem / Prelim Solo Dance – Roller Cup Event 2 and 3 skaters can compete, No Championship skaters.
- 12) Inter Bronze / Bronze Solo Dance – No Roller Cup. No Championship skaters.
- 13) Inter Silver & Above Solo Dance – No Roller Cup. No Championship skaters.
- 14) Non-Medallist Duos – Roller Cup Event 2 and 3 skaters can compete, No Championship skaters.
- 15) Elem / Prelim – Duos - No Roller Cup, Championship skaters.
- 16) Inter bronze and above – Duos - No Roller Cup, No Championship skaters.
- 17) Couples – All can enter.
- 18) Adult Solo Dance – No Roller Cup skaters.
- 19) All entries should be submitted via the database, closing date 2 months before.