

Solo Dance Seminar – Bulletin 2 Updated:8<sup>th</sup> January 2025

Dear Head Coaches, Coaches, Skaters and Officials

We are looking forward to seeing you and your skaters at the Solo Dance Seminar for those athletes entering the Tots to Espoir Championships in 2025 or Roller Cup – Elementary to Inter-Bronze in 2025.

Solo Dance Seminar	
Date	Sunday 12 <sup>th</sup> January 2025
Arrival times	9:00
Departure times	4:00
Venue	West Walsall E-Act Academy, West Primley Avenue, Walsall, WS2 9UA
Members invited	Athletes entering the Tots to Espoir Championships in 2025
	Athletes entering the Roller Cup – Elementary to Inter-Bronze in 2025

Please note that the doors will open at 9am and there will be a welcome to all participants at 9.15am. The day will be full, and we would remind skaters that they should be ready for either their sessions - Rink, off skates (gym) or classroom.

## Equipment

Skates

Spinning plate (if you have one) – please make sure your name is on them

### Clothing

Please make sure that you have layers that you can add and take off easily. Please make sure that you have trainers/sports shoes for the gym sessions.

#### Refreshments

There is no where to get lunch or snacks at the centre so please make sure you bring enough food and drink with you. The reception does sell some hot drinks, but this can be at intermittent times.

#### **Timetable**

This will be on the wall in the main hall and also in the classroom and gym.

## Spectators/Skaters on a break

Please go upstairs to the viewing gallery as there will not be space in the rink.

#### **Toilets**

Please use the toilets down the corridor (turning right out of the hall).

We look forward to seeing you and hope that you enjoy the day.

## Kind Regards

# **Dance Team**

