## CALENDAR OFEVENTS







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## GENERAL RULES AND INFORMATION



## **Event Dates**

## **Dance: Spring Solo**

Date: 16/03/2024 – 17/03/2024 Venue: Breydon Arena – Humberstone Farm, Mill Road, Great Yarmouth, NR31 0AY Details: Link

## Figure and Free: Spring Roller Cup

Date: 23/03/2024 – 24/03/2024 Venue: Breydon Arena – Humberstone Farm, Mill Road, Great Yarmouth, NR31 0AY Details: Link

#### Dance: Roller Cup Round 1 (part one) Date: 14/04/2024

Venue: The Dolphin, Pasture Hill Rd, Haywards Heath RH16 1LY Details: Link

## **Figure and Free: Spring Nationals**

Date: 20/04/2024 – 21/04/2024 Venue: Breydon Arena – Humberstone Farm, Mill Road, Great Yarmouth, NR31 0AY Details: Link

## **Dance: Style Dance Competition, Cadet - Senior**

Date: 27/04/2024 – 28/04/2024 Venue: Breydon Arena – Humberstone Farm, Mill Road, Great Yarmouth, NR31 0AY Details: Link

## Dance: Dance Roller Cup Round 1 (part 2)

Date: 11/05/2024 – 12/05/2024 Venue: Breydon Arena – Humberstone Farm, Mill Road, Great Yarmouth, NR31 0AY Roller Cup Details: Link

## Dance: Free Dance Competition, Tots - Espoir

Date: 18/05/2024 – 19/05/2024 Venue: Breydon Arena – Humberstone Farm, Mill Road, Great Yarmouth, NR31 0AY Details: Link

## Figure and Free Summer Roller Cup

Date: 15/06/2024 – 16/06/2024 Venue: Breydon Arena – Humberstone Farm, Mill Road, Great Yarmouth, NR31 0AY Details: Link



## Dance: Cadet – Senior British Championships

Date: 21/06/2024 – 23/06/2024 Venue: Breydon Arena – Humberstone Farm, Mill Road, Great Yarmouth, NR31 0AY Details: Link

## European Championships – Free, Inline, Dance, Pairs

**Date:** 20/07/2024 - 04/08/2024 **Venue:** TBC

## **Figure and Free British Championships**

Date: 06/07/2024 – 07/07/2024 Venue: Breydon Arena – Humberstone Farm, Mill Road, Great Yarmouth, NR31 0AY Details: Link

## Dance: Tots – Espoir British Championships & Roller Cup Round 2

Date: 25/07/2024 – 28/07/2024 Venue: Breydon Arena – Humberstone Farm, Mill Road, Great Yarmouth, NR31 0AY Championship Details: Link Roller Cup Details: Link

## Dance: Roller Cup Round 3

Date: 31/08/2024 – 01/09/2024 Venue: Middlesbrough Sports Village, Alan Peacock Way, Middlesbrough, TS4 3AE Details: Link

## Figure and Free Autumn Nationals & Championship Training Day Roller Cup Final Date: (27/09/2024), 28/09/2024 – 29/09/2024 Venue: Breydon Arena – Humberstone Farm, Mill Road, Great Yarmouth, NR31 0AY Autumn Nationals Details: Link Figure and Free Roller Cup Final Details: Link

 Figure, Free and
 Dance: Roller Cup Finals + Classic and Masters Championships

 Date: 19/10/2024 – 20/10/2024

 Venue: Breydon Arena – Humberstone Farm, Mill Road, Great Yarmouth, NR31 0AY

 Figure and Free Roller Cup Final Details: Link

 Dance Roller Cup Final Details: Link

 Classic and Master Championships Details: Link

#### Dance: Winter Solo Dance Cup

Date: 09/11/2024 – 10/11/2024 Venue: Breydon Arena – Humberstone Farm, Mill Road, Great Yarmouth, NR31 0AY Details: Link



## Fees for the 2024 Season

## **Figures and Free**

**Events** 

Categories	Discipline	Fees (per skater)	
Figure and Free Roller Cup Events 2024			
All Categories	Figures	£20	
All Categories	Free	£30	
	Figure and Free Spring Nationals 2024		
Primary, Tots, Minis	Figures	£20	
Espoir, Cadet, Youth, Junior, Senior	Figures	£25	
Primary, Tots, Mini	Free	£25	
Espoir, Cadet, Youth, Junior, Senior	Free	£40	
	Figure and Free Autumn Nationals 2024	4	
Primary, Tots, Minis	Figures	£20	
Espoir, Cadet, Youth, Junior, Senior	Figures	£ <del>25</del> <mark>20</mark>	
Primary, Tots, Mini	Free	£ <del>25</del> <mark>30</mark>	
Espoir, Cadet, Youth, Junior, Senior	Free	£4 <mark>0</mark> 35	
Training Day	Free (Figures TBC)	<del>£25</del>	
Figure and Free Championships 2024			
Primary, Tots, Minis	Figures & Free	£30	
Espoir, Cadet, Youth, Junior, Senior	Figures & Free	£50	

#### **Figure Tests and Free achievement Levels**

Test Level	Fee
Level 1 – 3	£15
Level 4 – 7	£20
Level 8 - 10	£25

## Dance

Categories	Discipline / Event	Fees (per skater)		
National Competition Fees 2024				
All	National Solo Dance events	£20		
All	National Duo events	£12 (per skater)		
All	National Couple Dance events	£5 (per skater)		
All	National Team Dance events	£12 (per skater)		
All	Roller Cup Events	£30		
	Championships Fees 2024			
Tots, Minis	Solo Dance	£30		
Espoir, Cadet, Youth, Junior, Senior	Solo Dance	£50		
Classic & Masters	Solo Dance	£30		
Couples	Couple Dance	£5 (per skater)		
-	Precision / Show / Quartet	£10 (per skater)		

### **Dance Test Fees**

Categories	Test Type	Fees (per skater)
Elementary to Bronze	Club Dance Test	£15
Inter-Silver and above	Club Dance Test	£20



Elementary to Bronze	Advance Dance Tests	£20
Inter-Silver and above	Advance Dance Tests	£25
All Categories	Free Dance Only	£5

## **Federation Membership Subscription Fee**

Test Level	Fee
Junior (Under 18)	£28
Senior (Over 18)	£40

NOTE: New first time members will receive a reduced membership of half price (£14 for Juniors and £20 for seniors) for their first year of membership. This does not apply for lapsed memberships who must renew at the normal rate.

## **Club / Skating School Fees**

Affiliation	Fee
Club Affiliation	£75
Affiliated Skating School	£125

## **Permit Fees**

Affiliated or Non Affiliated club	Fee
Affiliated club open competition	£50 per day (excluding roller cup events)
Non- affiliated club open competition	£100 per day

NEITHER GB SKATE ARTISTIC NOR ITS DEPARTMENTAL COMMITTEES OR SUB-COMMITTEES SHALL BE LIABLE FOR ACCIDENTS HOWEVER CAUSED BY THE FEDERATION MEMBERS. AFFILIATED CLUBS OR THEIR MEMBERS, COMPETITORS OR CANDIDATES FOR TESTS OR OFFICIALS APPOINTED BY GBSA ARISING OUT OF OR IN CONNECTION WITH THE ACTIVITIES OF THE FEDERATION ON OUTDOOR OR INDOOR SURFACES.



## **Rules and Regulations**

## World Skate Rules and Regulations

GBSA follow all World skate rules and regulations. The world skate regulations can be found by clicking <u>here</u>. Some world skate rules have been adapted and these are explicitly mentioned in the event details within this document.

## **Rule and regulation related questions**

If there are any questions about the rules and regulations, please do not hesitate to contact the heads of discipline using the following addresses:

- Dance: <u>dance@gbskateartistic.co.uk</u>
- Free: <u>hoff@gbskateartistic.co.uk</u>

#### **Music Submission**

Music Submission for championships is due before event commences. The Heads of Disciplines will communicate further details near to each event.

## **RollArt Element Submission**

Championship. Roll Art element submission will be due before the event commences – The Heads of Disciplines will communicate further details near to each event.

## **Closing Dates**

For both Dance, Figures and Free:

- Competitions Two calendar months prior to the relevant event unless specified
- Championships & Promo. Nationals Two calendar months before the relevant event date.
- No late entries will be accepted.

## **Door/ Spectator Fees**

Where possible GBSA prefer card payment, however, please bring alternative methods of payment to the relevant event.

## **Entry Fees**

Entry fees MUST be submitted at the same time as adding entries into the database. Your entry is only valid after you have submitted the payment and the database entry.



- All competitors in GBSA Events must be fully paid up members of the GB Skate Artistic organisation (GBSA).
- Entry Submission for national events and championships should be made via the GBSA Database excluding the Dance national events which will use the spreadsheets on the GBSA website.
- All entries must be received by the office a minimum of two (2) calendar months prior to the date of the event. No late entries will be accepted.
- All Championship entries are controlled by age, including Inline.
- The standard of a skater is on the closing date for entries. Any forth coming tests will not be taken into consideration.
- For Championships All ages quoted within the structure are "skating ages". In the case of Dance and Pairs
  events, the age used for the calculation will be that of the eldest partner. If during the season the partnership
  splits, then in the following season the respective partners can re- enter at the level at which their age dictates.
- The skating age is the age of a skater is the age the skater is turning in the year of the competition
- The structure allows all athletes to skate one Championship in any one season as set by their age.
- Athletes may skate up categories but once they have competed at that level, they cannot move back down. Athletes must be a skating age of 12 before entering Junior and Senior (including the Solo Dance Championships) in the same year, once a skater has entered a Senior Championship, they cannot go back to any other category in subsequent years.
- In the case of Figure and Free Skating Championships, athletes can enter just one of the disciplines if they wish to-do the single discipline.
- The compulsory figures in GBSA events will be skated on circles of 6metres in diameter and 2.4meters for loops.
- Music for GBSA events must be sent digitally before the event. Clubs must take the appropriate steps to ensure
  that the music recording levels have been maximised and that the music provided is clear and is the correct
  version. Full instructions of how to do this will be sent to all clubs any music not complying with these
  instructions will be rejected. 1 (one) USB per club should be brought to the venue containing all the club's music
  as a backup, the USB should be clearly marked with the club's name. GBSA can only accept MP3 format.
- The executive Board of GBSA may decide to split the Event by age or standard, if necessary, after the closing date.
- For all Solo Dance Events LADIES STEPS will be skated unless specified.
- There is no restriction on athletes entering both their respective Solo and Couples Dance Events.
- GBSA reserves the right to refuse admission to any GBSA Event.

The Calendar is subject to change, all arrangements should be booked on Flexi as venues and dates can change



## **RollArt Element Sheet Submissions**

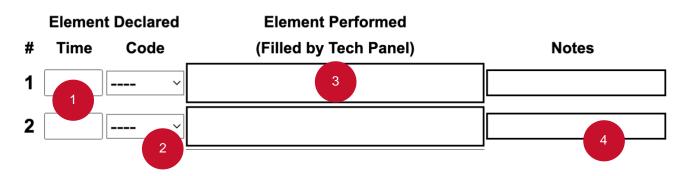
For all Rollart events, an element sheet needs to be submitted prior to the event. The closing date for submissions and destination of the submission will be announced prior the events. The element sheets MUST be filled out following the correct regulations, failing to do so may result in the athlete being withdraw from the competition.

To access the Element Sheets forms please click <u>here</u>, and select the "Content Sheet" box. Once the above form has been downloaded you will be able to select the discipline you are completing the form for.

- Please ensure that coach's fill out the forms to correctly represent the content in the athlete's program(s), failing to correctly input the order of element may result in the athlete being disqualified from the event.
- Please ensure all elements are correctly labelled with the element time, this is required for all decalins. Ensure the timing is marked from the first movement of the athlete.
- For Free skating events, it is mandatory to declare where there is a Lutz presented in the program. This information should be included in the notes section.
- For sequence elements, it is helpful to the panel to include the first element of the sequence, this information can be included in the notes section. For example, "Starting with a bracket".
- It is advised **NOT** to include the level of the element in the notes section.

The below image shows an example of an element sheet:

## **ELEMENTS FREE PROGRAM**



- 1. The section labelled 1 shows where the Element start time should be filled in (Times start from the first movement of the athlete and not the start of the music)
- 2. The section labelled 2 shows the section where the element code should be declared, it is important that the elements are entered in the correct order to avoid penalisation or withdrawal.
- 3. The section labelled 3 should be left blank.
- 4. The section labelled 4 should be used to add any information that may help the technical panel. If a Lutz is within the program, it must be declared in this section.

Once the element sheet is complete, the content must be exported to a PDF. This can be done by clicking the below button:





Once the download as PDF has been selected an option to save the file to your computer is made available, at this point it is important to ensure the document is titled correctly to comply with the events regulations.

An example of the correct title of the element sheet file would be:

#### DANIEL\_WITHERS-SENIORMEN-FREESKATING-LONG-ORDEROFELEMENTS

The element sheet files must be tilted in the following format using block capitals:

### [FORENAME]\_[SURNAME]-[CATEGORY]-[DISCIPLINE]-[SEGMENT]-ORDEROFELEMENTS

- The title must start with the athlete's forename.
- Following an underscore, the athlete's surname should be entered.
- Following a dash, the event category should be entered. For example, SENIORMEN, MINIMEN, 1B.
- Following another dash, the discipline should be entered. For example, FREESKATING, SOLODANCE.
- Following another dash there should be the event segment typed. For example, LONG, FREEDANCE, STYLEDANCE.
- Following a final dash, the title should have "ORDEROFELEMENTS" typed.



## **Music Submissions**

For all events, the program music needs to be submitted prior to the event. The closing date for submissions and destination of the submission will be announced prior the events. The music **MUST** comply with the correct regulations, failing to do so may result in the athlete being withdraw from the competition.

- All music submissions must be in .mp3 format.
- The music must be tested via the coach prior to submitting.
- GBSA is not liable for any incorrect music submissions, if the correct music cannot be provided within 10mins of the athletes scheduled start time, they will be withdrawn from the event.
- Once submitted if the music does not comply with the format or title regulations, it will be rejected.

An example of the correct title of the music file would be **DANIEL\_WITHERS-SENIORMEN-FREESKATING-LONG** 

The music files tilted in the following format in block capitals:

## [FORENAME]\_[SURNAME]-[CATEGORY]-[DISCIPLINE]-[SEGMENT]

- The title must start with the athlete's forename.
- Following an underscore, the athlete's surname should be entered.
- Following a dash, the event category should be entered. For example, SENIORMEN, MINIMEN, 1B.
- Following another dash, the discipline should be entered. For example, FREESKATING, SOLODANCE.
- Following a final dash there should be the event segment typed. For example, LONG, FREEDANCE, STYLEDANCE.

All clubs must bring with them one (1) USB stick containing all their skater's music, this will only be requested if needed. CDs will no longer be accepted. The stick should be clearly marked with the club's name. The music files should be labelled as stated above.



# DANCE



## Dance: Spring Solo Dance Festival

Spring Solo Dance Festival Cup 2024		
Date	16 <sup>th</sup> & 17 <sup>th</sup> March 2024	
Venue	Breydon Arena, Humberstone Farm, Mill Road, Great Yarmouth, NR31 0AY	

## **Rules and Regulations**

- Entries should be via the forms on the website, to view the forms click here
- Entries will not be accepted unless all information is completed. If any information is missing, they will be rejected.
- Event costs can be found in the 2024 calendar of events.
- The 'closed' white system will be used for all events.
- All Dances will be 2024 steps.
- Depending on entries full sequence dances could be reduced to one sequence.
- Skaters may skate up one standard in solo and team events. On the entry form please mark the skaters name with an \* if they are skating up.
- If skaters skate up in Solo events they MUST skate up in Teams or Duo Events also.
- Non-Medallist skaters are not permitted to skate in this event.
- Clubs are no longer permitted to borrow skaters from other clubs to make up Duos or Teams before or during the event. This is to prevent last minute changes to judge's rotas due to club involvement.

## **Event List**

Split by standard first/ then age			
Event 1	Elementary	Skaters March - Canasta Tango	
Event 2	Prelim	City Blues - Kinder Waltz	
Event 3	Inter Bronze/Bronze	14 step – Association Waltz	
Event 4	Inter Silver/Silver	Imperial Tango - Federation Foxtrot	
Event 5	Inter Gold/Gold	Quickstep - Starlight Waltz (Long)	
Event 6	Adults 25 plus – Elementary to Inter-Bronze	Carlos Tango - Denver Shuffle	
Event 7	Adults 25 plus – Bronze & above	Cha Cha Patin – Keats Foxtrot	

Team Dance Events – 2 duos per team – Skaters may only enter one duo team event. Conventional Couples holds (Waltz, Foxtrot, Tango etc.) are NOT permitted to be used in Duos. The deduction for these holds will be .3			
		Mark who is skating up*	
Event 8	Elem/Prelim/Inter-bronze	Canasta Tango	Denver Shuffle
Event 9	Inter Bronze/Bronze	Cha Cha Patin	Easy Paso
Event 10	Inter Silver/over	Rocker Foxtrot	Paso Doble



Couples Dance - for the Spring Solos the standard of the couple is based on the highest solo standard of either the Man or Lady.			
Event 10	Any standard	Glide Waltz / Carlos Tango	
Event 11	Any standard	Denver Shuffle / Siesta Tango	
Event 12     Any standard     Argentine Tango / Paso Doble			

## Dance: Roller Cup 2024

Roller Cup Round 1 (part one) 2024			
Date	14 <sup>th</sup> April 2024		
Venue	The Dolphin, Pasture Hill Rd, Haywards Heath RH16 1LY		
Events	3, 4, 5 & 6		

Roller Cup Round 1 (part 2) 2024			
Date	11 <sup>th</sup> – 12 <sup>th</sup> May 2024		
Venue	Breydon Arena, Mill Road, Bradwell, Great Yarmouth NR31 0AY		
Events	1&2		

Roller Cup Round 2 2024			
Date	25 <sup>th</sup> – 28 <sup>th</sup> July 2024		
Venue	Breydon Arena, Mill Road, Bradwell, Great Yarmouth NR31 0AY		
Events	1 - 6		

	Roller Cup Round 3 2024			
Date	31 <sup>st</sup> August – 01 <sup>st</sup> September 2024			
Venue	Middlesbrough Sports Village, Alan Peacock Way, Middlesbrough, TS4 3AE			
Events	1-6			
Note	Currently we have allocated one event for Roller Cup RD3, this is because normally we have reduced numbers attending the northern event. If we are oversubscribed this event will be split into two events as the full events will not fit in two days. Confirmation will be given once the entry closes, and we have confirmed numbers.			

Roller Cup Final 2024			
Date	19 <sup>th</sup> – 20 <sup>th</sup> October 2024		
Venue	Breydon Arena, Mill Road, Bradwell, Great Yarmouth NR31 0AY		
Events	1-6		

## Background

All dances listed are TBC – GBSA are waiting for World Skate to issue the 2024 Rollart software to ensure all dances listed are in the system for solo dance.

The aim of the Roller Cup is to create a competitive events structure for non-championship and beginner athletes that will run throughout the year.

It will give non-championship skaters a greater motivation in training and allow coaches and skaters to set goals and objectives for the skating year. It will give beginner skaters and parents an insight into the competitive events.

For 2024 the Roller Cup will be made up of 3 events and a final.

## **Scoring System**

The top 10 skaters in each event will receive points, the points structure will be as follows:

Position	Points
1	21
2	18



-	
3	15
4	12
5	10
6	8
7	6
8	4
9	2
10	1

## **Informational Links**

To view the world skate promotional regulations please click here.

## **Competition Rules**

#### **Entering Rules**

- 1. Entries for the Roller Cup is via the GBSA database, the closing date the **6th of February 2024.**
- 2. Payment will be made at the time of entry, i.e. £60 for two, £90 for three to GBSA, the cost to enter the Roller Cup is **£30.00 per event**. In the event of the skater withdrawing from any round, there will be no refunds.
- 3. It is **mandatory** that all skaters commit to entering two (2) Roller Cup competitions. Although they may wish to enter all three (3) rounds. (*Only the two best scores will be totalled and used to make up the top 5 who will reach the final.* (*Skaters will not be allocated events*)
- 4. Skaters will not be allowed to change venues/rounds during the year, they can only attend the rounds that they have asked for by the closing date. If they have not indicated a third round in their entry, then decide they need to earn some more points, the third round will not be possible.
- 5. Skaters can enter the event associated with their current test level or above. The Dance Club test or Advanced test is accepted.
- 6. Skaters will be kept at the same standard at entry for all Roller Cup events, even if additional tests are taken during 2024.
- 7. Events will be split by age were applicable to respect the limits of events, once the splits have been made, they will be the same splits for every round.
- 8. If a skater decides to leave the Roller Cup structure during the year, the skater and their results will be removed.

#### **General Rules**

- 1. Roller Cup combined Champion 2023 in Non-med, Elementary and Preliminary events must skate up to the next category in 2024.
- 2. All events, apart from non-medallist will be judged using a closed RollArt System. Non-Medallist will be judged under the white system.
- 3. No live points will be shown or announced. PDF's will be available at the end of the event.
- 4. In solo dance events Ladies Solo Dance steps will be skated only.
- 5. For half sequence dances 4 (four) sequences will be skated. For full sequences dances 2 (two) sequences will be skated.
- 6. The final will be made up of the top 5 skaters from each event.
- 7. The final will be a one-off final event, no points from the previous events will be carried over. The event will be a straight competition and not based on points.
- 8. The final for non-medallist will be judged under RollArt, if the Dance Team agree that the standard is of the correct level for RollArt.
- 9. Results and league tables will be communicated on GBSA website and GBSA socials post events.



- 10. The top 3 of each section (dance and free dance) will receive awards as well as the combined winner.
- 11. If any skaters compete in any category in the 2024 British Championships including Classics and Masters, they will be removed from the Roller Cup.
- 12. In the event of a draw, **the free dance will be placed higher in the combined result.** The dances for the final will be drawn at round 3.
- 13. Element sheets and music submissions will be requested for each roller cup round.
- 14. Only official World Skate PDF documents will be accepted for Free Dance element sheets. Handwritten documents or photos/scans will not be accepted. Please click <u>here</u> to view the World Skate forms.



## **Roller Cup Events 2024**

## Event 1 - Non-Medallist

Compulsory Dance

- Round 1: Glide Waltz
- Round 2: Carlos Tango
- Round 3: City Blues

ANY AGE - NON-MEDALLIST - ESPOIR BASIC						
Free Dance	Footwork Sequence	Dance Steps	Travelling	Choreo Step		
2m 15 secs	Max. Level 1	Max. Level 1	Max. Level 1	Yes		
(+/- 10 secs)	(30 sec)	(30 sec)	(10 sec)	103		

Note: Footwork – the 4 steps and turns that will be counted towards the level include cross in front, inside 3 turn, outside 3 turn, open mohawk, travelling (one clockwise and one anti-clockwise)

## **Event 2 - Elementary**

Compulsory Dance

- Round 1: Glide Waltz
- Round 2: Carlos Tango
- Round 3: City Blues

ANY AGE - ELEMENTARY STANDARD - ESPOIR BASIC					
Free Dance	Footwork Sequence	Dance Steps	Travelling	Choreo Step	
2m 15 secs	Max. Level 1	Max. Level 1	Max. Level 1	Yes	
(+/- 10 secs)	(30 sec)	(30 sec)	(10 sec)	165	

Note: Footwork – the 4 steps and turns that will be counted towards the level include cross in front, inside 3 turn, outside 3 turn, open mohawk, travelling (one clockwise and one anti-clockwise)

#### Event 3 - Prelim

Compulsory Dance

- Round 1: Denver Shuffle
- Round 2: Werner Tango
- Round 3: Canasta Tango

ANY AGE - PRELIM STANDARD - ESPOIR BASIC						
Free Dance	Footwork Sequence	Dance Steps	Travelling	Choreo Step		
2m 15 secs	Max. Level 1	Max. Level 1	Max. Level 1	Yes		
(+/- 10 secs)	(30 sec)	(30 sec)	(10 sec)	100		

Note: Footwork – the 4 steps and turns that will be counted towards the level include cross in front, inside 3 turn, outside 3 turn, open mohawk, travelling (one clockwise and one anti-clockwise)



## Event 4 - Inter Bronze

Compulsory Dance

- Round 1: Werner Tango
- Round 2: Siesta Tango
- Round 3: Manhattan Blues

ANY AGE – INTER-BRONZE STANDARD - CADET BASIC						
Free Dance	Footwork Sequence	Artistic Sequence	Travelling	Choreo Step		
2m 15 secs (+/- 10	Max. Level 1	Max. Level 2	Max. Level 1 (10 secs)	Yes		
secs)	(30 secs)	(30 secs)		165		

#### Event 5 – Bronze

Compulsory Dance

- Round 1: Kent Tango
- Round 2: Easy Paso
- Round 3: Association Waltz

ANY AGE - BRONZE STANDARD - YOUTH BASIC					
Free Dance	Footwork Sequence	Dance Steps	Travelling	Choreo Step	Cluster
2m 45 secs (+/- 10	Max. Level 2	Max. Level 2	Max. Level 2	Voc	Max. Level 1
secs)	(30 secs)	(30 sec)	(10 secs)	Yes	(15 secs)

#### Event 6 – Inter Silver

Compulsory Dance

- Round 1: Flirtation Waltz
- Round 2: Federation Foxtrot
- Round 3: Imperial Tango

ANY AGE – ANY STANDARD – JUNIOR/SENIOR BASIC					
Free Dance	Footwork Sequence	Dance Steps	Travelling	Choreo Step	Cluster
3.00m	Max. Level 2	Max. Level 2	Max. Level 2	Vaa	Max. Level 2
(+/- 10 secs)	(30 secs)	(30 sec)	(10 secs)	Yes	(20 secs)



## **Dance: Style Dance Competition, Cadet - Senior**

Style Dance Competition 2024 Details			
Date	27 <sup>th</sup> & 28 <sup>th</sup> April 2024		
Venue	Breydon Arena – Humberstone Farm, Mill Road, Great Yarmouth, NR31 OAY		
Athletes invited	Championship athletes – Cadet – Senior		

## **Event Details**

The Style Dance Competition will run for categories Cadet to Senior. The below events will run at the competition:

Style Dance Competition 2024 – Dance Categories			
Category	Program		
Solo Dance: Cadet	Style Dance		
Solo Dance: Youth	Style Dance		
Solo Dance: Junior	Style Dance		
Solo Dance: Senior	Style Dance		
Couple Dance: Cadet	Style Dance		
Couple Dance: Youth	Style Dance		
Couple Dance: Junior	Style Dance		
Couple Dance: Senior	Style Dance		

## Regulations

All events within the competition will be governed by the world skate Solo and Couple Dance 2024 regulations. To view the regulations please click <u>here</u>.



## **Dance: Free Dance Competition, Tots - Espoir**

Free Dance Competition 2024 Details		
Date	18 <sup>th</sup> & 19 <sup>th</sup> May 2024	
Venue	Breydon Arena – Humberstone Farm, Mill Road, Great Yarmouth, NR31 0AY	
Athletes invited	Championship athletes – Tots – Espoir	

## **Event Details**

The Free Dance Competition will run for categories Tots to Espoir. The below events will run at the competition:

Style Dance Competition 2024 – Dance Categories			
Category	Program		
Solo Dance: Tots	Free Dance		
Solo Dance: Mini	Free Dance		
Solo Dance: Espoir	Free Dance		
Couple Dance: Tots	Free Dance		
Couple Dance: Mini	Free Dance		
Couple Dance: Espoir	Free Dance		

## Regulations

All events within the competition will be governed by the World Skate Solo and Couple Dance 2024 regulations. To view the regulations please click <u>here</u>.



## **Dance: Cadet – Senior British Championships**

Dance British Championships Cadet – Senior 2024 Details			
Date	21 <sup>st</sup> - 23 <sup>rd</sup> June 2024		
Venue	Breydon Arena – Humberstone Farm, Mill Road, Great Yarmouth, NR31 0AY		
Athletes invited	Championship athletes – Cadet – Senior		

## **Event Details**

The Cadet to Senior Dance British Championships will run for categories Cadet to Senior. The below events will run at the competition:

Dance British Championships 2024 – Dance Categories			
Category	Program		
Solo Dance: Cadet	Style Dance & Free Dance		
Solo Dance: Youth	Style Dance & Free Dance		
Solo Dance: Junior	Style Dance & Free Dance		
Solo Dance: Senior	Style Dance & Free Dance		
Couple Dance: Cadet	Style Dance & Free Dance		
Couple Dance: Youth	Style Dance & Free Dance		
Couple Dance: Junior	Style Dance & Free Dance		
Couple Dance: Senior	Style Dance & Free Dance		

## Regulations

All events within the competition will be governed by the World Skate Solo and Couple Dance 2024 regulations. To view the regulations please click <u>here</u>.



## **Dance: Tots – Espoir British Championships**

Dance British Championships Tots – Espoir 2024 Details			
Date	25 <sup>th</sup> - 28 <sup>th</sup> July 2024		
Venue	Breydon Arena – Humberstone Farm, Mill Road, Great Yarmouth, NR31 0AY		
Athletes invited	Championship athletes – Tots – Espoir		

## **Event Details**

The Tots to Espoir Dance British Championships will run for categories Tots to Espoir. The below events will run at the competition:

Dance British Championships 2024 – Dance Categories			
Category	Program		
Solo Dance: Tots	Compulsory Dance & Free Dance		
Solo Dance: Mini	Compulsory Dance & Free Dance		
Solo Dance: Espoir	Compulsory Dance & Free Dance		
Couple Dance: Tots	Compulsory Dance & Free Dance		
Couple Dance: Mini	Compulsory Dance & Free Dance		
Couple Dance: Espoir	Compulsory Dance & Free Dance		

## Regulations

All events within the competition will be governed by the World Skate Solo and Couple Dance 2024 regulations. To view the regulations please click <u>here</u>.



## **Dance: Classic and Masters British Championships**

Classic and Masters British Championships 2024 Details		
Date	19 <sup>th</sup> & 20 <sup>th</sup> October 2024	
Venue	Breydon Arena, Humberstone Farm, Mill Road, Great Yarmouth, NR31 0AY	

## **Event List**

Classic Couples - Over 22 years - Judged on White System

- Dance 1 City Blues 3 sequences
- Dance 2 Siesta Tango 3 sequences
- Dance 3 Denver Shuffle 3 sequences

#### Classic Solo Intermediate - Over 22 years - Bronze and Under - Judged on White System

Note: Skaters who have competed in the 2022 or 2023 Senior championships are not permitted to skate in this even.

- Dance 1 Little Waltz 2 sequences
- Dance 2 Keats Foxtrot 3 sequences
- Dance 3 Siesta Tango 3 sequences

#### Classic Solo Advanced - 22 years - 34 Years- Open Standard - Judged with Rollart

Note: Skaters who have competed in the 2022 or 2023 Senior championships are not permitted to skate in this even.

- Dance 1 Manhattan Blues
- Free Dance 2m 15 seconds +/- 10 seconds details below.

CADET BASIC						
	Footwork Sequence	Artistic Sequence	Travelling	Choreo Step		
Free Dance	Max. Level 1	Max. Level 2	Max. Level 1 (10 secs)	Yes		
	(30 secs)	(30 secs)	secs)	100		

#### Classic Solo Advanced - 35 years and over - Open Standard - Judged with Rollart

Note: Skaters who have competed in the 2022 or 2023 Senior championships are not permitted to skate in this even.

- Dance 1 Manhattan Blues
- Free Dance 2m 15 seconds +/- 10 seconds details below.

		CADET BASIC		
	Footwork Sequence	Artistic Sequence	Travelling	Choreo Step
Free Dance	Max. Level 1	Max. Level 2	Max. Level 1 (10 secs)	Yes
	(30 secs)	(30 secs)	secs)	100



### Masters Solo A - 40 - 55 years - Open Standard - Judged on White System

- Dance 1 Swing Foxtrot 3 sequences
- Dance 2 Canasta Tango 3 sequences

### Masters Solo B - 56 years and above - Open Standard - Judged on White System

- Dance 1 Denver Shuffle 3 sequences
- Dance 2 City Blues 3 sequences

## **Classic/Masters Ages**

Ages are from 1<sup>st</sup> January to 31<sup>st</sup> December. Please make sure you are skating in the correct category. If you are in your 56<sup>th</sup> year you will be skating Masters SOLO B. NB: Masters athletes are permitted to skate in the classic event, but unable to skate in both Masters and Classics.



## **Dance: Winter Solo Dance Festival**

Non-Medallist Dance Festival 2024 Details	
Date	09 <sup>th</sup> & 10 <sup>th</sup> November 2024
Venue	Breydon Arena, Humberstone Farm, Mill Road, Great Yarmouth, NR31 0AY

## **Rules and Regulations**

- 1. Only 1 group show per club per events 15 and 16.
- 2. Entries should be via the forms on the website, to view the form click here
- 3. Event costs can be found in the 2024 calendar of events.
- 4. The 'closed' white system will be used for all events
- 5. All Dances will be 2024 steps
- 6. Depending on entries full sequence dances could be reduced to one sequence.
- 7. Element sheets and music submission for Roller cup will be via the Dropbox system.
- 8. Skaters can skate up one standard in solo and duo team events which should be marked with an \*.
- 9. There will no non-medallist competitions, although clubs may enter non-meds in the group shows.
- 10. Clubs are no longer permitted to borrow skaters from other clubs before or during this event. Clubs must use only members from their own affiliated club membership.

	Solo Dance -	Split by standard first/ then ag	Je
Event 1	Elementary Canasta Tango / Swing Foxtrot		
Event 2	Prelim	Siesta Tango / Denver Shuffle	)
Event 3	Inter Bronze/Bronze	Keats Foxtrot / Kent Tango	
Event 4	Inter Silver/Silver	14 Step / Cha Cha Patin	
Event 5	Inter Gold/Gold	Paso Doble / Italian Foxtrot	
Event 6	Adults 25 plus – Elem - Prelim	Carlos Tango / Denver Shuffl	9
Event 7	Adults 25 plus – Bronze over	Easy Paso / Imperial Tango	
	ent – Team of 2 DUOS – Skaters ma oxtrot, Tango etc.) are NOT permitt M		
Event 8	Elementary - Prelim City Blues Carlos Tango		Carlos Tango
Event 9	Inter Bronze - Bronze	Siesta Tango	Denver Shuffle
Event 10	Inter Silver and over	Rocker Foxtrot Flirtation Waltz	
will be marl elements li	<b>Show Events</b> – Entertainment value - Any skater can enter the following show events. the following show numbers will be marked for musicality, theme, costume, originality, choreography, and individuality, please do not include WS elements like cluster, travel, etc – This event is for show, and not free dance based. Skating ability will not be the major factor for judging.		
Event 11	Event 11 Group Show (5 -10 athletes) – any standard/age – 2.50- 3 minutes - No longer than 3 minutes		No longer than 3 minutes
Event 12	Group Show (11 skaters or more) – any standard/age – 2.50 - 3 minutes - No longer than 3 minutes		
Event 13	Quartet Show – Any standard/age – 2:20m – 2:30m no longer than 2:30m		
Event 14	Couples – Any standard/age mix – Entertainment value – 2 minutes +/- 10 secs		



## **FIGURES & FREE**



## **Championships Events – General**

All Championship events run under the World Skate age categories and will be governed by World Skate regulations. World Skate regulations (2024) can be found <u>here</u>.

## Age Categories

Championships - World Skate Age Categories	
Category	Age
Primary (Mini – Basic)	Up to and including 7 years old
Tots	8 and 9 years old
Mini	10 and 11 years old
Espoir	12 and 13 years old
Cadet	14 and 15 years old
Youth	16 years old
Junior	17 and 18 years old
Senior	19 years old and over

NOTE: The age column in the table above refers to the age the skater is turning in the year of the competition (that is, in the calendar year being 1<sup>st</sup> January through and including the 31<sup>st</sup> of December, in the year of the competition). The minimum age for all skaters in categories Cadet and above is turning 12 in the year of the competition.

## The minimum total score needed to be awarded the British Title (Figures & Free)

There is no minimum mark to achieve the British title. If an athlete wins the championship event, they are crowned British champion for that year.

## **Championship Entry Requirements (Figures & Free)**

There's no entry requirement for the championship events. It should be noted that championship events run under World Skate age categories and coaches are expected to consider if an athlete is appropriate for that event.

If GBSA feels that coaches are entering athletes into inappropriate categories GBSA has the power to remove the coach's accreditation and/or athlete from the category.



## **Promotional events – General**

## General

GBSA promotional events will be governed by the World Skate basic promotional regulations. Please note that all World Skate rules apart from age regulations or explicitly mentioned rule changes in GBSA documentation will be followed for promotional events. Please view the World Skate (2024) promotions rules <u>here</u>.

If athletes are not competing within championship categories, GB promotional levels that are aligned to the World Skate basic levels are used. GBSA promotional events will run these categories under ability rather than age.

Each category will be judged under World Skate rules for basic Tots to Senior for free skating. For figure events, the figures will be mapped to the corresponding World Skate figure group and GBSA test level.

## Promotional category entry requirements

There are no minimum entry requirements for promotional events. Once an athlete has been entered to compete at a promotional level, they must compete at that level for all GBSA promotional events within that season. If an athlete places first in any of the GBSA promotional events (and there are more than 3 competitors), then the athlete must compete at a higher level in the following season. This includes winners' of 2023 events, who must compete at a higher level in 2024.

Athletes who finish in first, second and third places at the Roller Cup Final events cannot compete at a lower level the following season (if there are more than 3 competitors in the category).

If any athlete wins the highest promotional category the coach is advised to start looking at moving the athlete into the championships categories although this is not required, and they are permitted to compete in the highest promotional level during the next season, but the athlete is not permitted to move to a lower category.

#### **GB** Promotional Categories - Free skating Category Max Elements World Skate Rules Level 1a 1W, 1T, 1S, U Mini - Basic 1W, 1T, 1S, 1F, 1Th, U Mini - Basic Level 1b Level 1c 1W, 1T, 1S, 1F, 1Lz, 1Lo, 1Th, U Mini - Basic Level 2 N/A Cadet - Basic N/A Level 3 Youth, Junior & Senior - Basic

## Promotional free skating categories

#### Clarifications

- 1. Age & Ability: Please note that the events listed above are organised by ability category and not by age. Skaters of any age may enter any category providing they comply with the category rules. GBSA strongly recommends that the skater's ability accurately match the program regulations.
- 2. A combination spin is not required for level 1a, and the solo spin can be repeated.
- 3. Level one categories have max element requirements, which means the athlete is only able to perform the elements listed in their program. If an element is performed outside of this requirement a deduction of 1.0 will be made for an illegal element.
- 4. The N/A in the max element column represents that there are no element restrictions outside of the World Skate rules, it should be noted that the World Skate rules on element restrictions still apply. For example, only one rotation jumps, and Axel's are permitted in level 2 (Cadet Basic).



## Promotional figure skating categories

For promotional figure events, there will be up to seven different events. Figures from the corresponding World Skate categories will be picked for that event.

Promotional Categories - Figure skating	
Category	Figures picked from a World Skate category
Level 1	Primary
Level 2	Tot
Level 3	Mini
Level 4	Espoir
Level 5	Cadet
Level 6	Youth
Level 7	Junior & Senior



## F&F Spring Roller Cup Event

Spring Roller Cup 2024 Details	
Date	23 <sup>rd</sup> & 24 <sup>th</sup> March 2024
Venue	Humberstone farm, Mill Road, Great Yarmouth, NR310AY
Athletes invited	Promotional athletes

## Figures

F&F Spring Roller Cup - Promotional Figures		
Category	Figure	WS alignment
Level One	1a FO Eights	Aligned to Primary
	2b FI Eights	
Level Two	3a BO edges	Aligned to Tot
	4b BI edges	
Level Three	8a FO three turns	Aligned to Mini
	9b FI three turns	
Level Four	10a FO double three	Aligned to Mini
	14a FO loop	
Level Five	19a/b FI bracket	Aligned to Espoir
	14a FO loop	
Level Six	23a/b FI counter	Aligned to Cadet
	30a/b FOI change loop	
	28a/b FOI change double three	
Level Seven	20a/b FO rocker	Aligned to Youth
	16a BO loop	
	33a/b FIO change bracket	

### **Figure Clarifications**

- All promotional events will skate two circuits.
- The foot is already drawn according to the above grid for levels one to four.
- Where relevant the foot will be drawn 3 weeks prior to the event.
- Events will be judged using the closed white system.
- Promotional categories will run events with Men and Ladies combined.
- Any figure circled within the athlete's competition half (Rink A or Rink B) can be used.



## Free skating

	GB Promotional Categories at Spring Roller Cup - Free Skating		
Category	Max Elements	World Skate Rules	
Level 1a	1W, 1T, 1S, U	Mini – Basic	
Level 1b	1W, 1T, 1S, 1F, 1Th, U	Mini – Basic	
Level 1c	1W, 1T, 1S, 1F, 1Lz, 1Lo, 1Th, U	Mini – Basic	
Level 2	N/A	Cadet – Basic	
Level 3	N/A	Youth, Junior & Senior – Basic	

## **Free Skating Clarifications**

- Promotional events will be judged using the full Rollart system.
- Official practices are not a requirement for this event, the organising committee will provide this if time permits.
- There will be an event warmup time prior to the start of the event group. Warm-up time is based upon the program length plus two minutes.
- For additional floor time, clubs must contact the venue directly.
- Music and Element submission details will be provided nearer to the event.

## F&F Spring Roller Cup Entries

• Entries should be made via the <u>GBSA database</u>. The closing date for the entries is the 10<sup>th</sup> February 2024.

## **F&F Spring Nationals**

F&F Spring Nationals 2024 Details	
Date	20 <sup>th</sup> & 21 <sup>st</sup> April 2024
Venue	Breydon Arena – Humberstone Farm, Mill Road, Great Yarmouth, NR31 0AY
Athletes invited	Championship athletes

## **Figures**

F&F Spring Nationals – Figure Categories		
Category	Figure	
Primary	1a FO Eights	
	2a FI Eights	
Tot	Group 1 – 2	
Mini	Group 1 – 2	
Espoir	Group 1 – 3	
Cadet	Group 1 – 4	
Youth	Group 1 – 4	
Junior	Group 1 – 4	
Senior	Group 1 – 4	

## **Figure Clarifications**

- Championship events will skate three circuits unless the figure specifies 2 circuits as per World Skate rules.
- Championships skaters (excluding Primary) will have the foot and figure group draw prior to the event.
- Championship events will be judged using the open white system.
- Championship categories will run events for Men and Ladies.

## Free skating

F&F Spring Nationals – Free Skating Categories	
Category	Program
Primary	Promotional 1a rules
Tots	Free Program
Mini	Free Program
Espoir	Short Program & Free Program
Cadet	Short Program & Free Program
Youth	Short Program & Free Program
Junior	Short Program & Free Program
Senior	Short Program & Free Program

#### **Free Skating Clarifications**

- Championship skaters (Espoir and above) will skate their short program and free programs.
- Events will be judged using the full Rollart system.
- There will be an event warmup time prior to the start of the event group. Warm-up time is based upon the program length plus two minutes.
- For additional floor time, clubs must contact the venue directly.
- Championship categories will run events for Men and Ladies.
- Music and Element submission details will be provided nearer to the event.

## **F&F Spring Nationals Entries**

• Entries should be made via the <u>GBSA database</u>. The closing date for the entries will be 24<sup>th</sup> February 2024.

## **F&F British Championships**

F&F British Championship 2024 Details	
Date	06 <sup>th</sup> & 7 <sup>th</sup> July 2024
Venue	Breydon Arena – Humberstone Farm, Mill Road, Great Yarmouth, NR31 0AY
Athletes invited	Championship athletes

## **Figures**

British Championships – Figures Categories		
Category	Figure	
Primary	1a FO Eights	
	2a FI Eights	
Tot	Group 1 – 2	
Mini	Group 1 – 2	
Espoir	Group 1 – 3	
Cadet	Group 1 – 4	
Youth	Group 1 – 4	
Junior	Group 1 – 4	
Senior	Group 1 – 4	

## **Figure Clarifications**

- Championship events will skate three circuits unless the figure specifies 2 circuits as per World Skate rules.
- Championships skaters (excluding Primary) will have the foot and figure group draw prior to the event.
- Championship events will be judged using the open white system.
- Championship categories will run events for Men and Ladies.

## Free skating

British Championships – Free skating Categories		
Category	Program	
Primary	Promotional 1a rules	
Tots	Free Program	
Mini	Free Program	
Espoir	Short Program & Free Program	
Cadet	Short Program & Free Program	
Youth	Short Program & Free Program	
Junior	Short Program & Free Program	
Senior	Short Program & Free Program	

#### **Free Skating Clarifications**

- Championship skaters (Espoir and above) will skate their short program and free programs.
- Events will be judged using the full Rollart system.
- There will be an event warmup time prior to the start of the event group. Warm-up time is based upon the program length plus two minutes.
- For additional floor time, clubs must contact the venue directly.
- Championship categories will run events for Men and Ladies.
- Music and Element submission details will be provided nearer to the event.

## **British Championships Entries**

• Entries should be made via the <u>GBSA database</u>. The closing date for the entries will be 11<sup>th</sup> May 2024.



## F&F Summer Roller Cup Event

F&F Summer Roller Cup 2024 Details			
Date	Date 15 <sup>th</sup> & 16 <sup>th</sup> June 2024		
Venue	Breydon Arena – Humberstone Farm, Mill Road, Great Yarmouth, NR31 0AY		
Athletes invited	Athletes invited Promotional athletes		

## Figures

F&F Summer Roller Cup - Promotional Figures			
Category	Figure	WS alignment	
Level One	1b FO Eights	Aligned to Primary	
	2a FI Eights		
Level Two	3b BO edges	Aligned to Tot	
	4a BI edges		
Level Three	8b FO three turns	Aligned to Mini	
	9a FI three turns		
Level Four	11a FI double three	Aligned to Mini	
	14a FO loop		
Level Five	18a/b FO bracket	Aligned to Espoir	
	15 FI loop		
Level Six	22a/b FO counter	Aligned to Cadet	
	16a BO loop		
	13a BI double three		
Level Seven	21a/b FI rocker	Aligned to Youth	
	17a BI loop		
	32a/b FOI change bracket		

## **Figure Clarifications**

- All promotional events will skate two circuits.
- The foot is already drawn according to the above grid for levels one to four.
- Where relevant the foot will be drawn 3 weeks prior to the event.
- Events will be judged using the closed white system.
- Promotional categories will run events with Men and Ladies combined.
- Any figure circles within the athlete's competition half (Rink A or Rink B) can be used.



## Free skating

	GB Promotional Categories at Spring Roller Cup - Free Skating		
Category	Max Elements	World Skate Rules	
Level 1a	1W, 1T, 1S, U	Mini – Basic	
Level 1b	1W, 1T, 1S, 1F, 1Th, U	Mini – Basic	
Level 1c	1W, 1T, 1S, 1F, 1Lz, 1Lo, 1Th, U	Mini – Basic	
Level 2	N/A	Cadet – Basic	
Level 3	N/A	Youth, Junior & Senior – Basic	

## **Free Skating Clarifications**

- Promotional events will be judged using the full Rollart system.
- Official practices are not a requirement for this event, the organising committee will provide this if time permits.
- There will be an event warmup time prior to the start of the event group. Warm-up time is based upon the program length plus two minutes.
- For additional floor time, clubs must contact the venue directly.
- Music and Element submission details will be provided nearer to the event.

## **Summer Roller Cup Entries**

• Entries should be made via the <u>GBSA database</u>. The closing date for the entries is the 04<sup>th</sup> May 2024.



## Autumn Nationals & Championship Training Day

	Autumn Nationals Competition 2024 Details		
Date	Date (27 <sup>th</sup> ), 28 <sup>th</sup> & 29 <sup>th</sup> September 2024		
Venue	Breydon Arena – Humberstone Farm, Mill Road, Great Yarmouth, NR31 0AY		
Athletes invited	letes invited Championship athletes		

## **Figures**

Autumn Nationals – Figure Categories			
Category	Figure selections		
Primary	1a FO Eights 2a FI Eights		
Tot	2 figures from 1 group (Group 1 – 2)	Two big figures chosen	
Mini	2 figures from 1 group (Group 1 – 2)	Two big figures chosen	
Espoir	2 figures from 1 group (Group 1 – 3)	One loop and one big figure chosen	
Cadet	2 figures from 1 group (Group 1 – 4)	One loop and one big figure chosen	
Youth	2 figures from 1 group (Group 1 – 4)	One loop and one big figure chosen	
Junior	2 figures from 1 group (Group 1 – 4)	One loop and one big figure chosen	
Senior	2 figures from 1 group (Group 1 – 4)	One loop and one big figure chosen	

## **Figure Clarifications**

- Championship events will skate three circuits unless the figure specifies 2 circuits as per World Skate rules.
- Championships skaters (excluding Primary) will have the foot and figure group draw prior to the event.
- Championship events will be judged using the open white system.
- Championship categories will run events for Men and Ladies.

### Free skating

Autumn Nationals – Free Skating Categories		
Category Program		
Primary	Promotional 1a rules	
Tots	Free Program	
Mini	Free Program	
Espoir	Free Program	
Cadet	Free Program	
Youth	Free Program	
Junior	Free Program	
Senior	Free Program	

#### **Free Skating Clarifications**

- Championship skaters will skate their free programs.
- Events will be judged using the full Rollart system.
- There will be an event warmup time prior to the start of the event group. Warm-up time is based upon the program length plus two minutes.
- For additional floor time, clubs must contact the venue directly.
- Championship categories will run events for Men and Ladies.
- Music and Element submission details will be provided nearer to the event.

## **Autumn Nationals Competition Entries**

• Entries should be made via the <u>GBSA database</u>. The closing date for the entries will be 03<sup>rd</sup> August 2024.



## Autumn Nationals Training Day

Day one of the autumn nationals will be used to hold the Autumn National competition, and day two will be used for a championship skaters training day, where all competitors will be given to opportunity to work with the national coaching team to train towards the 2025 season.

The training day will contain free skating training. Figure training opportunity's will be confirmed closer to the event.



## **F&F Roller Cup Finals**

Spring Roller Cup 2024 Details			
Date	Date (27 <sup>th</sup> ), 28 <sup>th</sup> & 29 <sup>th</sup> September 2024		
Venue	Venue Breydon Arena – Humberstone Farm, Mill Road, Great Yarmouth, NR31 0AY		
Athletes invited Promotional Roller cup final athletes (See promotional general section for clarification)			

## Invited athletes.

#### Free skating

Only promotional finalists will receive invitations to the Roller Cup Finals. To become a finalist, an athlete must secure a placement within the top 8 of their respective categories in the Roller Cup Rankings. In free skating, some events may be split by age, depending on entry numbers. If this is the case, the age categories will be combined into one category at the final. This means there will be one ranking per level; for example, one ranking for Level 1A, Level 1B, Level 1C, Level 2, and Level 3. If the category is seen to be too large, then the F&F team by split by age during the final.

The ranking will be determined by the total score obtained by the athlete throughout the season, highest total score being considered. For example, if an athlete scores 10 points at the Spring Roller Cup and 12 points at the Summer Roller Cup, their total points would be 22 points, their highest score would be 12 points and this score will determine the athlete's ranking for that season, and the top 8 athletes will be invited to the final.

#### Figures

Only promotional finalists will be invited to the Roller Cup Finals. To become a finalist, an athlete must place within the top 8 of their categories in the Roller Cup Rankings. Some figure categories may be split by age, depending on entry numbers. If this occurs, the remaining figure Roller Cup events for that year will be split into the same categories. Each of these categories will then have an event held at the Roller Cup finals. For example, if Level 1A is split into "1A 12 and under" and "1A 13 and over," the same split will be applied at all the Roller Cup events that year, and both categories will be run at the Roller Cup final.

Points will be earned based on placements at the Roller Cup events. Each placement will be allocated points, and the total number of points will determine the athlete's placement the athlete's highest placement within that season will be used to determine the athlete's points. The top 8 ranking athletes after the Summer Roller Cup will be invited to the Roller Cup finals. For example, if an athlete places 5<sup>th</sup> at the Spring Roller Cup event (380 points) and 3rd at the Summer Roller Cup event (390 points), their total points would be 770, their ranking points would be 390. In the event of a tie for 8th place, both 8th and 9th place will be invited to the final.

Placement	Points
1	400
2	395
3	390
4	385
5	380
6	375
7	370
8	365
9	360
10	355
11	350
12	345
13	340
14	335
15	330
16	325
17	320
18	315
19	310
20	305
21	300
22	295

Placement	Points
23	290
24	285
25	280
26	275
27	270
28	265
29	260
30	255
31	250
32	245
33	240
34	235
35	230
36	225
37	220
38	215
39	210
40	205



## Figures

Roller Cup Finals - Figures		
Category	Figure – Group one (Spring)	Figure – Group two (summer)
Level One	1a FO Eights	1b FO Eights
	2b FI Eights	2a FI Eights
Level Two	3a BO edges	3b BO edges
	4b BI edges	4a BI edges
Level Three	8a FO three turns	8b FO three turns
	9b FI three turns	9a FI three turns
Level Four	10a FO double three	11a FI double three
	14a FO loop	14a FO loop
Level Five	19a/b FI bracket	18a/b FO bracket
	14a FO loop	15 Fl loop
Level Six	23a/b FI counter	22a/b FO counter
	30a/b FOI change loop	16a BO loop
	28a/b FOI change double three	13a BI double three
Level Seven	20a/b FO rocker	21a/b FI rocker
	16a BO loop	17a BI loop
	<mark>33a/b FIO change bracket</mark>	<mark>32a/b FOI change bracket</mark>

## **Figure Clarifications**

- All promotional events will skate two circuits. Apart from loops which will compete three circuits.
- The figures for the Roller Cup Final are to be drawn and will be either the Spring or the Summer figures. The foot and group for the final will be drawn 3 weeks prior to the event
- The foot is already drawn according to the above grid for levels one to four.
- Where relevant the foot will be drawn 3 weeks prior to the event.
- Events will be judged using the closed white system.
- Promotional categories will run events with Men and Ladies combined.
- Any figure circles within the athlete's competition half (Rink A or Rink B) can be used.

## Free skating

Roller Cup Finals - Free Skating				
Category	Max Elements	World Skate Rules		
Level 1a	1W, 1T, 1S, U	Mini – Basic		
Level 1b	1W, 1T, 1S, 1F, 1Th, U	Mini – Basic		
Level 1c	1W, 1T, 1S, 1F, 1Lz, 1Lo, 1Th, U	Mini – Basic		
Level 2	N/A	Cadet – Basic		
Level 3	N/A	Youth, Junior & Senior – Basic		

#### **Free Skating Clarifications**

- Promotional events will be judged using the full Rollart system.
- Official practices are not a requirement for this event, the organising committee will provide this if time permits.
- There will be an event warmup time prior to the start of the event group. Warm-up time is based upon the program length plus two minutes.
- For additional floor time, clubs must contact the venue directly.
- Music and Element submission details will be provided nearer to the event.

## **Roller Cup Finals Entries**

- Entries will be made via the GBSA database.
- The top 8 ranking athletes will be invited to this event and their entries should be made via the <u>GBSA</u> <u>database</u>. The closing date for the entries is the <u>03<sup>rd</sup> August 2024</u>.



## APPENDICES



## **Appendix A – Figure Numbers**

#	A/B	Figure	"A" Direction	"B" Direction
1	А	Eights	RFO – LFO	
2			RFI – LFI	
3			RBO – LBO	
4	-		RBI – LBI	
5	A/B	Change Eights	RFOI – LFIO	LFOI – RFIO
6			RBOI – LBIO	LBO – RBIO
7	A	Threes	RFO 3 BI – LFO 3 BI	
8	A/B	•	RFO 3 BI – LBI 3 FO	LFO 3 BI – RBI 3 FO
9	-		RFI 3 BO – LBO 3 FI	LFI 3 BO – RBO 3 FI
10	A	Double Threes	RFO 3 BI 3 FO – LFO 3 BI 3 FO	
11	-		RFI 3 BO 3 FI – LFI 3 BO 3 FI	
12	-		RBO 3 FI 3 BO – LBO 3 FI 3 BO	
13	-		RBI 3 FO 3 BI – LBI 3 FO 3 BI	
14	A	Loops	RFO – LFO	
15			RFI – LFI	
16			RBO – LBO	
17			RBI – LBI	
18	A/B	Brackets	RFO BK BI – LBI BK FO	LFO BK BI – RBI BK FO
19			RFI BK BO – LBO BK FI	LFI BK BO – RBO BK FI
20	A/B	Rockers	RFO RK BO – LBO RK FO	LFO RK BO – RBO RK FO
21			RFI RK BI – LBI RK FI	LFI RK BI – RBI RK FI
22	A/B	Counters	RFO C BO – LBO C FO	LFO C BO – RBO C FO
23			RFI C BI – LBI C FI	LFI C BI – RBI C FI
24	A/B	Change Eights	RFOI – LFIO	LFOI – RFIO
25	-		RBOI – LBIO	LBOI – RBIO
26	A/B	Change Threes	RFOI 3 BO – LBOI 3 FO	LFOI 3 BO – RBOI 3 FO
27			RFIO 3 BI – LBIO 3 FI	LFIO 3 BI – RBIO 3 FI
28	A/B		RFOI 3 BO 3 FI – LFIO 3 BI 3 FO	LFOI 3 BO 3 FI – RFIO 3 BI 3 FO



#	A/B	Figure	"A" Direction	"B" Direction
29		Change Double Threes	RBOI 3 FO 3 BI – LBIO 3 FI 3 BO	LBOI 3 FO 3 BI – RBIO 3 FI 3 BO
30	A/B	Change Loops	RFOI - LFIO	LFOI – RFIO
31	-		RBOI - LBIO	RBOI – RBIO
32	A/B	Change Brackets	RFOI BK BO – LBOI BK FO	LFOI BK BO – RBOI BK FO
33	_		RFIO BK BI – LBIO BK FI	LFIO BK BI – RBIO BK FI
34	A/B	Paragraph Threes	RFO 3 BIO 3 FI – LFI 3 BOI 3 FO	LF0 3 BIO 3 FI – RFI 3 BOI 3 FO
35			RBO 3 FIO 3 BI – LBI 3 FOI 3 BO	LBO 3 FIO 3 BI – RBI 3 FOI 3 BO
36	A/B	Paragraph Double Threes	RFO 3 BI 3 FOI 3 BO 3 FI – LFI 3 BO 3 FIO 3 BI 3 FO	LFO 3 BI 3 FOI 3 BO 3 FI – RFI 3 BO 3 FIO 3 BI 3 FO
37	A/B	-	RBO 3 FI 3 BOI 3 FO 3 BI – LBI 3 FO 3 BIO 3 FI 3 BO	LBO 3 FI 3 BOI 3 FO 3 BI – RBI 3 FO 3 BIO 3 FI 3 BO
38	A/B	Paragraph Loops	RFOI - LFI	LFOI - RFI
39			RBOI – LBI	LBOI – RBI
40	A/B	Paragraph Brackets	RFO BK BIO BK FI – LFI BK BOI BK FO	LFO BK BIO BK FI – RFI BK BOI BK FO
41			RBO BK FIO BK BI – LBI BK FOI BK BO	LBO BK FIO BK BI – RBI BK FOI BK BO
42	A/B	Counter Brackets	RFO C BO BK – LFI C BI BK FO	LFO C BO BK – RFI C BI BK FO
43	A/B	Rocker Double Threes	RFO RK BO 3 FI 3 BO – LBO RK FO 3 BI 3 FO	LFO RK BO 3 FI 3 BO – RBO RK FO 3 BI 3 FO
44			RFI RK BI 3 FO 3 BI – LBI RK FI 3 BO 3 FI	LFI RK BI 3 FO 3 BI – RBI RK FI 3 BO 3 FI
45	A/B	Counter Brackets	RBO C FO BK – LBI C FI BK BO	LBO C FO BK – RBI C FI BK BO
46	A/B	Double Three Rockers	RFO 3 BI 3 FO RK BO 3 FI 3 BO – LBO 3 FI 3 BO RK FO 3 BI 3 FO	LFO 3 BI 3 FO RK BO 3 FI 3 BO – RBO 3 FI 3 BO RK FO 3 BI 3 FO
47	A/B	Bracket Counters	RFO BK BI C FI BK BO – LBO BK FI C BI BK FO	LFO BK BI C FI BK BO – RBO BK FI C BI BK FO
48	A/B	Double Three Rockers	RBO 3 FI 3 BO RK FO 3 BI 3 FO – LFO 3 BI 3 FO RK BO 3 FI 3 BO	LBO 3 FI 3 BO RK FO 3 BI 3 FO – RFO 3 BI 3 FO RK BO 3 FI 3 BO
49	A/B	Bracket Counters	RBO BK FI C BI BK FO – LFO BK BI C FI BK BO	LBO BK FI C BI BK FO – RFO BK BI C FI BK BO



#	A/B	Figure	"A" Direction	"B" Direction
50	A/B	Double Three Counters	RFO 3 BI 3 FO C BO 3 FI 3 BO – LBO 3 FI 3 BO C FO 3 BI 3 FO	LFO 3 BI 3 FO C BO 3 FI 3 BO – RBO 3 FI 3 BO C FO 3 BI 3 FO
51	A/B	Bracket Rockers	RFO BK BI RK FI BK BO – LBO BK FI RK BI BK FO	LFO BK BI RK FI BK BO – RBO BK FI RK BI BK FO
52	A/B	Double Three Counters	RBO 3 FI 3 BO C FO 3 BI 3 FO – LFO 3 BI 3 FO C BO 3 FI 3 BO	LBO 3 FI 3 BO C FO 3 BI 3 FO – RFO 3 BI 3 FO C BO 3 FI 3 BO
53	A/B	Bracket Rockers	RBO BK FI RK BI BK FO – LFO BK BI RK FI BK BO	LBO BK FI RK BI BK FO – RFO BK BI RK FI BK BO

## Appendix B – Figure Codes

Code	Category	Description
RFO	Take Offs	Right forward outside takeoff
LFO		Left forward outside takeoff
RFI		Right forward inside takeoff
LFI		Left forward inside takeoff
RBO		Right back outside takeoff
LBO		Left back outside takeoff
RBI		Right back inside takeoff
LBI		Left back inside takeoff
-		Indicates that a change of feet is required for the upcoming takeoff
FO	Edges	Forward outside edge
FI		Forward inside edge
во		Back outside edge
BI		Back inside edge
3	Turns	Three turn
BK		Bracket
RK		Rocker
С	—	Counter
FOI	Change of Edge	Forward outside to inside change of edge



Code	Category	Description
FIO		Forward inside to outside change of edge
BOI		Back outside to inside change of edge
BIO		Back inside to outside change of edge

## Appendix C – Figure groups

## 3.1 Senior

Group 1	46 a/b	39 a/b	47 a/b
Group 2	48 a/b	38 a/b	49 a/b
Group 3	50 a/b	39 a/b	51 a/b
Group 4	52 a/b	38 a/b	53 a/b

## 3.2 Junior

Group 1	42 a/b	38 a/b	36 a/b
Group 2	43 a/b	31 a/b	40 a/b
Group 3	44 a/b	38 a/b	40 a/b
Group 4	45 a/b	31 a/b	37 a/b

## 3.3 Youth

Group 1	20 a/b	33 a/b	16	36 a/b
Group 2	21 a/b	32 a/b	17	29 a/b
Group 3	22 a/b	33 a/b	17	36 a/b
Group 4	23 a/b	32 a/b	30 a/b	29 a/b

## 3.4 Cadet

Group 1	13	19 a/b	15	20 a/b
Group 2	18 a/b	21 a/b	30 a/b	28 a/b
Group 3	19 a/b	22 a/b	16	28 a/b
Group 4	13	18 a/b	30 a/b	23 a/b

## 3.5 Espoir

Group 1	19 a/b	22 a/b	30 a/b
Group 2	18 a/b	28 a/b	15
Group 3	13	19 a/b	30 a/b

## 3.6 Minis

Group 1	8 a/b	11	14
Group 2	9 a/b	10	14

## 3.7 Tots

Group 1	1 a/b	4 a/b
Group 2	2 a/b	3 a/b